

# VISION BOARD

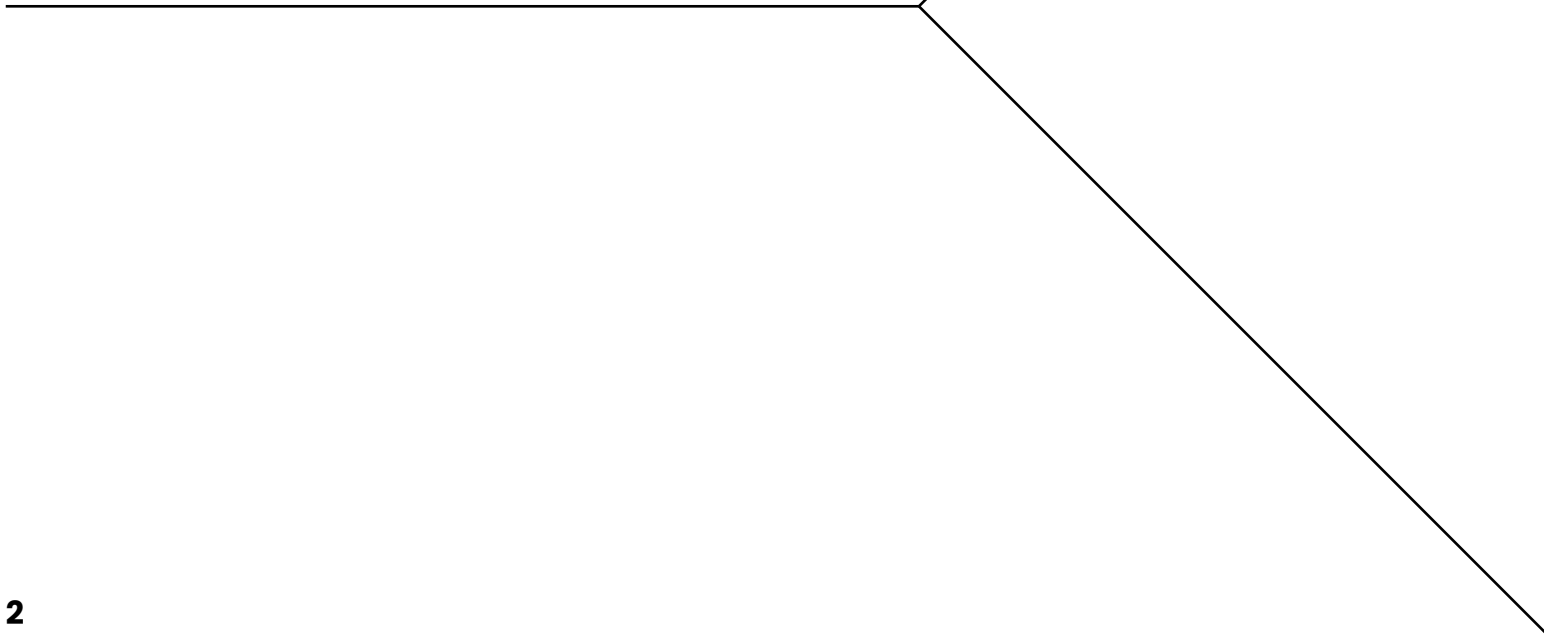
A vision board is essentially a collage of images that amounts to a visual representation of your goals. It's a simple but powerful way to help clarify what you want to achieve and motivate you to succeed. It can also be a relaxing and fun activity (with a great playlist and your favourite tippie, perhaps?). To make this a tandem activity, reach out to one of our members and suggest completing your vision boards at the same time over video call. You could talk about what you're adding, and why. Or, do the activity solo then have a show-and-tell to compare results.

- 1. Choose 3 goals (e.g. better website, workspace glow up, improve wellness etc.)**
- 2. Use our template, over the page, or recreate it elsewhere**
- 3. Fill each area with images that represent those goals**

Don't forget about it once completed! Display it and revisit it. Let it continue to inspire you as you move forward.

1

VISION BOARD



2

3