

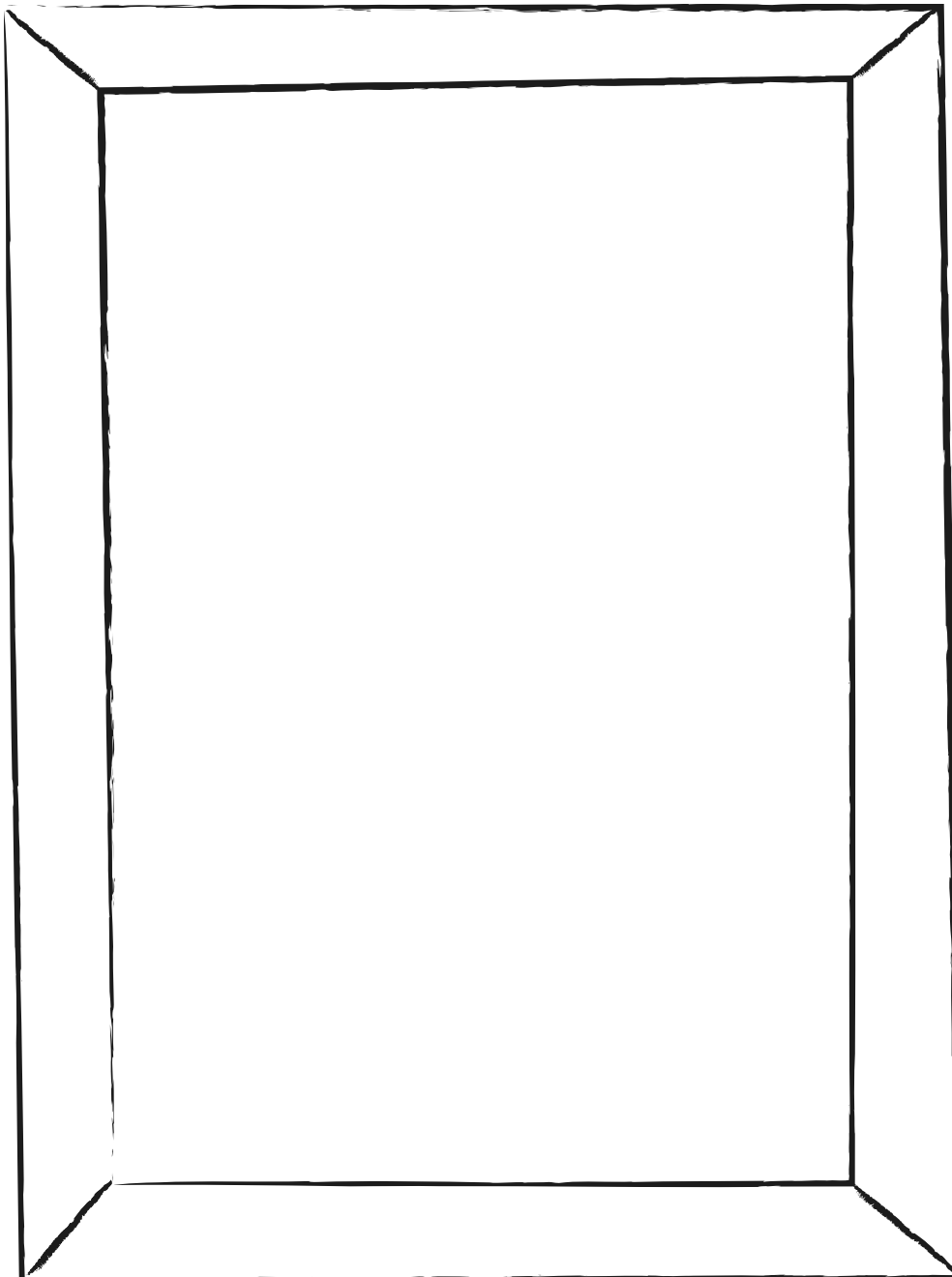
dOODLE cHALLENGE

Are you suffering from creative's block? This playful doodle exercise will challenge you to think outside the box and reconnect with your creativity.

1. Draw a self-portrait

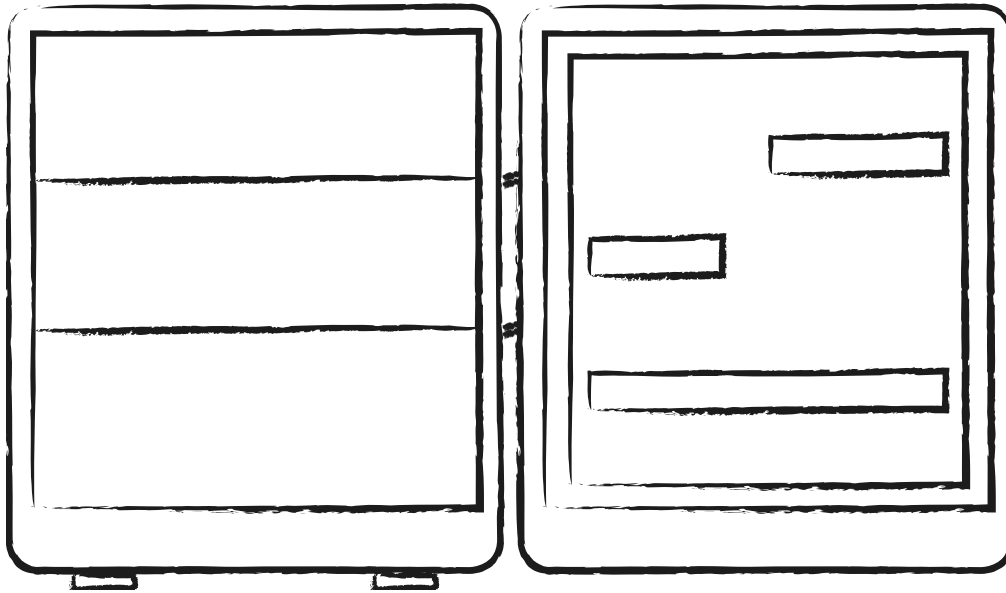
Try using a continuous line style, as per the example.

Example:

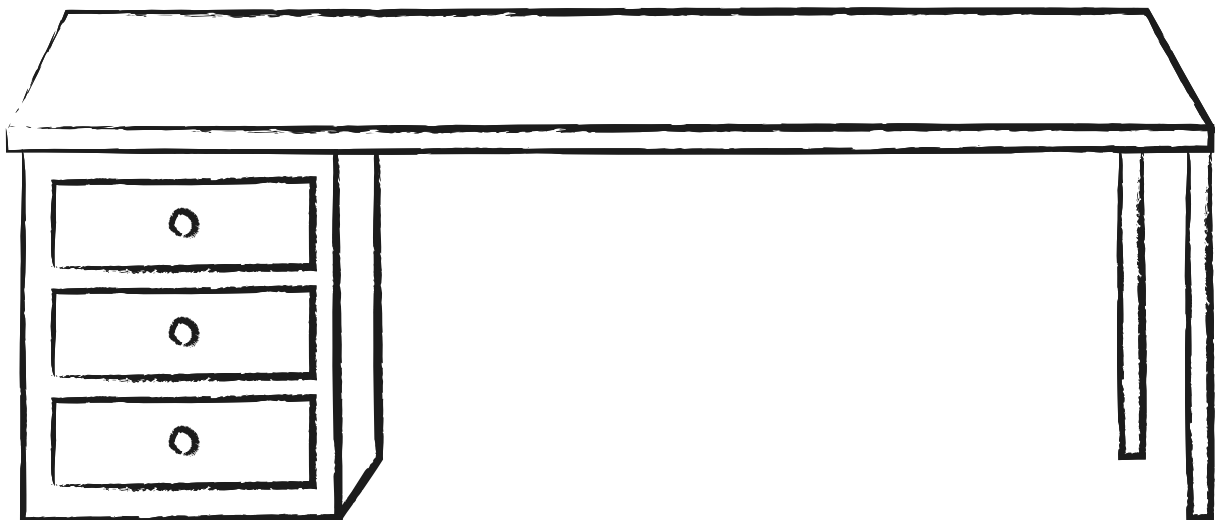


2. Complete the picture

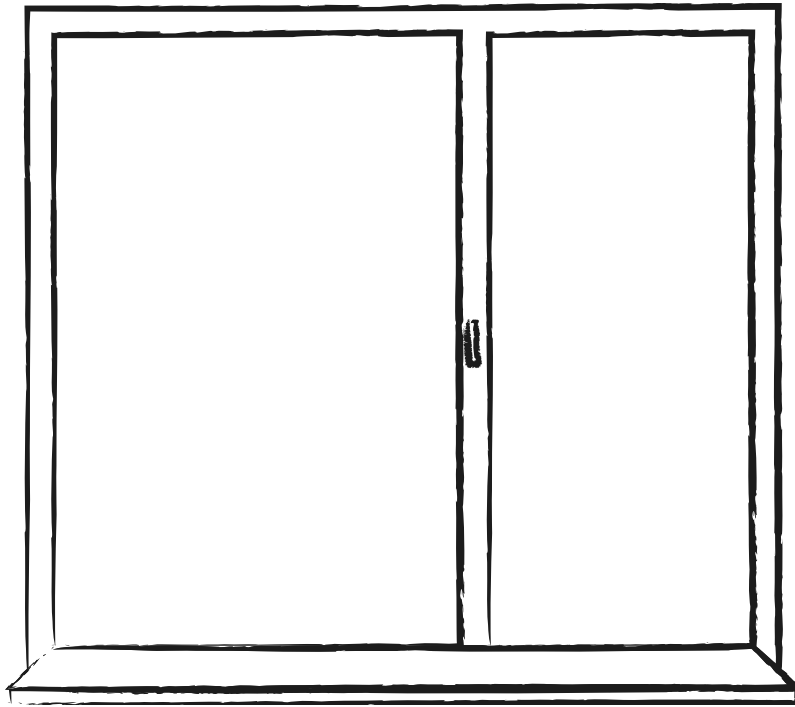
What's growing in the office fridge?



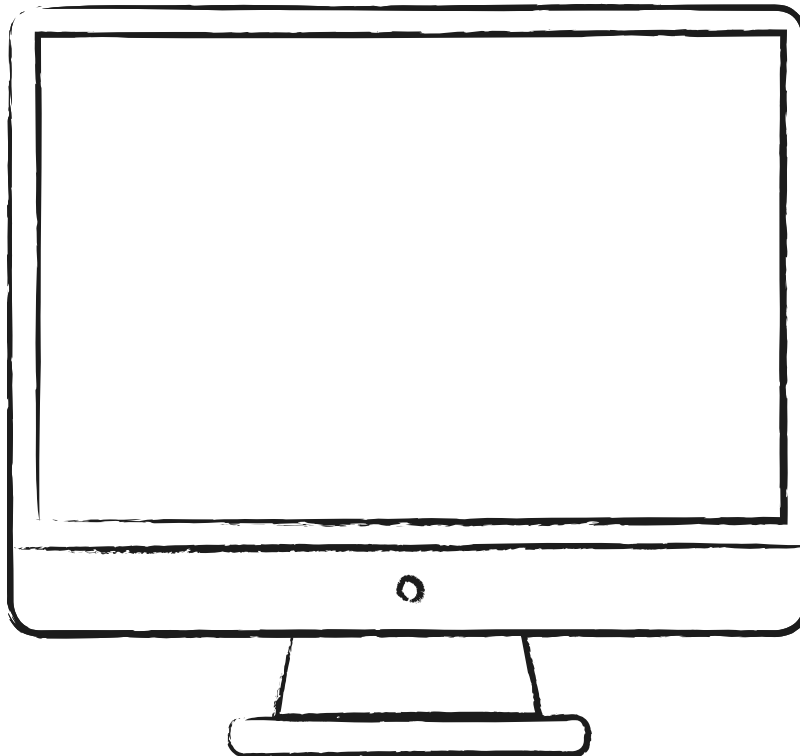
What's on your desk?



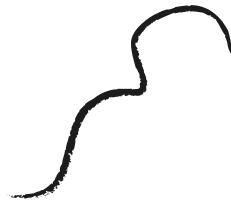
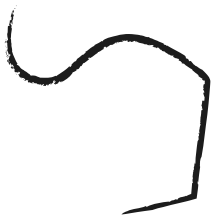
What can you see out of your window?



What are you working on?



3. Complete the squiggle



4. Doodle prompts

In motion

Splash!

Clothing

Starts with 'T'

Old

Noisy

Relax

Far away

Heavy

Freedom

Has fur

Up in the air

At work

Surprise

On your plate

5. Space for more doodles...

