#### tHE\CREATIVE OCCUPATION

#### How to use this resource

#### Add your notes, review your progress, get s\*\*t done.

This planner is designed to help you keep track of your work and wellness for a more productive and balanced life. It's the ultimate creative companion. It comprises 5 sections; productivity (for your to-do lists and appointments), wellness (for notes on your health and well-being), business (if you run a business, this area is for you), job search (if you're looking for a new role, this area is for you) and notes (a place to store handy things like hex codes, that guy's name that you keep forgetting or how your colleagues take their coffee).

Interactive features include:

Navigation - Use the buttons on the right to move around the planner

Text Fields - You can type directly into any of the text boxes

Check Boxes - Click on boxes, or icons, to tick those items off

Open this planner first thing, then minimise it and keep coming back to it throughout the day. Don't forget to add your reflections and set tomorrow's main priority at the end of each day. Happy planning!

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### **\dAILY cREATIVE pLANNER**



Date Today's priority

Other stuff to do Progress towards my personal goals

•

2

3

Appointments A great idea What I did well A mistake I made

#### **\dAILY cREATIVE pLANNER**



Today's wellness activity

Glasses of water	Hours of sleep
	last night

Healthy foods Exercise Things I'm grateful for

1

2

3

Reflections Motivational quote

#### **\dAILY cREATIVE pLANNER**



Today's business win

Website Social media Clients/customers Products/services Money

Sector/competitor research

Progress towards my business goals

- 1

2

3

# OB SEARCH

#### **\dAILY cREATIVE pLANNER**



Today's skill to hone

Training Networking Interview prep Reading/research Profile/portfolio updates

Company Position Contact Website Applied?

## **\dAILY creative planner**



Work notes Shopping list Got?

**Personal notes** 

